

A person asked Ramona 'Are you fully vegetarian?'. She said yes, of course, and I added that you cannot be 50% vegetarian. Either you are vegetarian or you are not. Another person at the dinner table agreed and said 'I am also not 50% pregnant'.

How often do I hear 'I am not 100% vegetarian'? Yesterday I said that vegetarianism is not about health but about sensitivity. I know I am repeating myself but I want to repeat it. Animals also have feelings. You see it, you give them love, they give you love, they just have another body but the soul is same. If you kill and eat them you could also eat human. What does it mean if somebody says 'I am not 100% vegetarian', 'I eat meat only when I go out', 'I don't eat too much meat' or 'I only eat fish'? In these statements between the words you can feel the sound of guilt.

I can guarantee that all sensitive people who eat meat have this guilt in some corner of their heart. They have this, they feel it is wrong but they cannot make their decision. They are not ready to make this change. They just follow their old patterns and system. Yes, you are only eating, not killing but then someone killed for you.

I have many friends around the globe who eat meat. And I love them and hope they will not be angry about this statement of me. I pray to God that someday they can develop their consciousness more and feel their compassion and love for every soul. Mother Earth gives us food with all necessary vitamins, proteins and simply everything for living a healthy life without killing.

