

Yesterday I said you need to have a stable opinion. I was yesterday mainly talking about having your own opinion which doesn't change with everyone you meet. But it is also a very common thing in the 'spiritual scene' that people change very quickly and are not at all stable in their opinion. This, too, is the effect of it that they are not sure, there are always so many doubts.

And of course they are searching. They are searching for the truth. They go to someone or something, an organization or a master or guru, someone who knows the truth and who leads them towards it.

I like it when you are looking for the truth but I would like to say: the truth is nowhere outside. This is why you always got disappointed and couldn't find it anywhere. Your truth is inside you. Search in your love and in your honesty, there you will find truth.

A handwritten signature in green ink, appearing to be '11 May 2009' followed by a stylized flourish.